

Adventure Camp

	Sun 26th	Mon 27th	Tue 28th	Wed 29th	Thur 30th	Fri 1st	Sat 2nd
7:30 am		Breakfast					
8.30 am		Swimming test Team building Building a raft	MTB day trip to Slettestrand	Overnight trip to Livø (Life Island) Kayak around the island Cross country running Build a camp Primitive cooking Sleeping in the nature	Underwater hunting on Livø (Life Island)	Day trip to Aalborg Klatrepark (Climbing Park)	End of School assembly
10 am							
10.30 am		Lunch	Pack lunch		Lunch	Pack lunch	
12 am							
1:30 pm	Welcome to new arrivals	Canoe trip from Vilsted Lake to The Limfjød	MTB at Slettestrand		Bow combat	Aalborg Klatrepark	
4:30 pm	Team building	Free time			Free time		
6 pm	Dinner				Dinner	Int. Summer School (Theme-party)	
7:30 pm	Team building	Int. Summer School (Camp activities)			Int. Summer School (Camp activities)		
9 pm	Refreshments			Refreshments			
10 pm	Retire to rooms			Retire to rooms			
11 pm	Goodnight			Goodnight			